

Grateful

at

Geisinger Commonwealth School of Medicine

Issue: April 2018

I am grateful for...

Dr. Dawgert – Dr. Dawgert was my pediatrician, so it is such an honor to have the opportunity to have learned from him as a patient and now as a student. Dr. Dawgert is so kind, so compassionate and so genuinely curious and excited about medicine. He inspires me to have the same enthusiasm and commitment throughout my education and career.

- M2

Rosa Roman – For always having a positive attitude and being supportive and encouraging to all of those around her

- M2

Michelle Mikhno and Yasmeen Daraz – For making med school more bearable with their continuous support and encouragement. Thanks for being awesome and for always putting a smile on my face :).

- M2

Jackie Ghormoz – I'm so lucky to have someone who always advocates for me but, even more importantly, has helped me to find the strength and the confidence to advocate for myself.

- M2

Assad Hayat – Assad always offers to go eat, grab coffee, catch up, etc. He's a great friend and he's always there for you when you need him.

- M2

Brianna O'Donnell – She is always smiling and laughing. I love talking to her!

- M2

Dr. Callender – She is very perceptive and compassionate. She always notices when her students are struggling and gives us a chance to just talk and get things off our chests.

- M2

Steven Lam – For sharing his bomb HSF Anki decks sorted by lecture--wouldn't have survived the last five months without your help!

- M1

Nora Alu – Nora does a great job figuring out all of our colliding and overlapping schedules, which is awesome. On top of that, she is incredibly compassionate and understanding to each of our personal concerns and special circumstances, so it is really wonderful to work with her. Thank you, Nora!

- M2

According to various studies on medical education, nearly all medical students will experience some form of distress, burnout or depression throughout their training. Although some days can be really difficult, there are so many wonderful people at our school who are doing really exciting, positive things for our Geisinger Commonwealth community. *Grateful at Geisinger Commonwealth* was founded in order to highlight these rays of sunshine in our medical school lives and to brighten each of our days by focusing on the good things happening here at Geisinger Commonwealth School of Medicine!



Sharon Bednarz – Thank you for always helping out the club officers - from giving us forms, ordering food for us or letting us know how much we have in the bank account. You are always so patient with us, you always get back to us through email, and you are just an overall joy to work with. Thank you!

- M2

Iris Johnston – Zippily completes scores of Inter-Library Loan requests with cheer!

- Faculty

Assad Hayat and Yasmeen Daraz – Their sagacious use of Burberry fragrances really elevates the aroma of their surroundings and makes spending time near them - in the library or elsewhere - a truly delightful olfactory experience.

- M2

Jackie Ghormoz – She makes each student's problems seem like they are her most important concerns, which is amazing considering there are nearly 500 students at the school

- M4

Gina Osif – For somehow managing to keep me in Scranton for my IM rotation despite the CHS fiasco. She is a miracle worker!

- M4

Jeanne Sullivan – For always bringing a smile to my face with her positivity and friendliness!

- M3

Brandi Woo – She turned a Word document into a PDF form and sent a really nice message to our class encouraging us to participate in Jim's research collection. It was really thoughtful of her to do and so nice to see her going out of her way to make sure someone else's project was a success.

- M2

Kristin Hare – Kristin is always so nice and upbeat. She always makes people feel welcome and included, which is such an awesome quality.

- M2

Dr. Wilcox – At the end of one of his recent presentations, Dr. Wilcox told us to find something that we like about every patient. I love that advice and I can tell that Dr. Wilcox truly follows that mantra.

- M2

Jim Morgan – He included our class in a data collection survey for one of his final courses for his master's in instructional technology. Jim is always so helpful to all of us, so it was so nice to be involved with his research and to be able to help him out for once! Congratulations on finishing up your master's, Jim! We're proud of you!!

- M2

Our IT Department – You are all so helpful and so patient and really go above and beyond for each and every one of us. Thank you!!

- M3

Sarah Ellis, bursar – Money/financial aid is such a sensitive and personal topic but Sarah manages to handle every issue with such respect and grace. I am very grateful to her for her tact and understanding.

- M2

Cindy Ciccotelli – She works so hard to make our lives a little less stressful during the high-stress times of Step studying. She's superwoman!

- M2

Kat Chung – I could not have gotten through this year without your amazing pharm matrices!! Thank you for sharing and for being an awesome friend!

- M2

Alyssa Muchisky – For the memes! You always bring a smile to my day!

- M2

All of the people at the school who send emails or post on Facebook when there's free food somewhere – You're the heroes we need!

- M2

Kate Powell and Tony Pellegrino – They are so nice and friendly, they make sure that all of our clinical skills sessions go smoothly and they are very calming before the standardized patient exams, which is awesome!

- M2

Dr. Szarek – For all of the times that he has incorporated my favorite word, "ameliorate," into his podcasts and handouts.

- M2

Are you grateful? We would love to hear from you!

Your submissions will be featured in our monthly newsletter.

Please send to: grateful.gcsom@gmail.com

Are you interested in working on Grateful at Geisinger Commonwealth?

Please email Amelia Mackarey at amackarey@som.geisinger.edu