

Grateful at Geisinger Commonwealth School of Medicine

Issue: February 2018

I am grateful for...

American Medical Womens Association (AMWA) – Honestly I am very grateful for AMWA. Having a group of empowered women leaders within the Geisinger Commonwealth community is an asset to the student body and sets a great example for others. Keep up the good work ladies!

- M2

Julia and Linda – Thank you for looking over all of our CVs!!! We would be lost without you!

- M2

Dr. Jennifer Joyce – Her uncompromised commitment to guiding students toward becoming compassionate physicians is a testament to her unparalleled compassion for equality in medicine.

- M2

Matt Weirich, Sahil and Kwame – For all the study tips, guidance, and encouragement they have provided to M1s.

- Dan, M1

Mary Ann Nyc and Nicole Parellada – They are always there for support, study time and girl time whenever I need them. My girls!

- Addys Bode, M2

Dr. Lucchesi – I would like to thank Dr. Lucchesi for working on and uploading the Aortic Valvular Disease and Cardiac Hypertrophy podcast while also taking care of her mother. I really appreciate her dedication to our education despite going through such tough times with her family. We are lucky to have such a dedicated and caring professor.

- M2

Dr. Waite – For running our class sessions very efficiently.

- M2

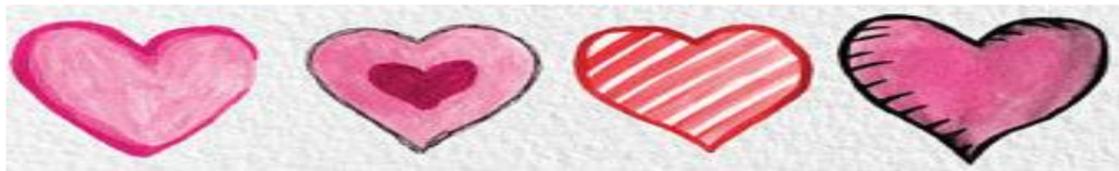
Andy Laychur – He took the time to illustrate some concepts during APM that I was confused about...his explanation was loads of help!

- M2

Bree O'Donnell – For being the best wife in the game and always keeping me laughing. Couldn't do med school without you!

- M2

According to various studies on medical education, nearly all medical students will experience some form of distress, burnout or depression throughout their training. Although some days can be really difficult, there are so many wonderful people at our school who are doing really exciting, positive things for our GCSOM community. *Grateful at Geisinger Commonwealth* was founded in order to highlight these rays of sunshine in our medical school lives and to brighten each of our days by focusing on the good things happening here at Geisinger Commonwealth School of Medicine!



Amanda Krenitsky – For bringing donuts to cbl! You're the sweetest!

- M2

Mackenzie Ferry – Mackenzie is always charismatic and fun to be around. She brings a smile to the face of everyone she talks to! Really happy she is a classmate of mine!

- M2

Pete Fedyshin – He always lends a hand to the faculty to set up technology, such as clicker quizzes, for class. I really appreciate his willingness to help out!

- M2

Somiah – For making the charts listing where the Sketchy bugs and drugs can be found. So helpful!!

- M2

Yoseph Aldras – He is always willing to take extra time to explain concepts to his classmates. Thank you!!

- M2

Katya, Sarah and Sayani – Our school community is lucky to have people who are so passionate about enhancing the mental health of the student body. It is awesome seeing classmates who are so dedicated to improving the student experience here at Geisinger Commonwealth, ensuring that no student feels alone in their struggles and everyone has a place to go. Thank you for all that you do!

- Cindy, M2

Jordan Alter – For his constant positivity and endless supply of adorable otter pictures.

- M1

Iris Johnston – Her smile, kindness and little bowl of candy make walking into the library to study much less dreadful!

- M1

Dr. Mario Cornacchione – He gave a very interesting talk in our Art and Practice of Medicine class. I really appreciated how he incorporated chest X-RAYS, breath sounds and YouTube videos of various pathologies. Great job!

- Rosa Roman, M2

Zack Sporn – For always being so friendly and kind. He always stops to chat in the library and tries to cheer people up. He also shares study tips and plans which are very helpful. He is very thoughtful and such a great friend.

- M2

Andy Laychur – His loud, disruptive snacking makes me feel less self-conscious about my own eating habits in class.

- M2

Rosa Roman – For always bringing positivity to my day and keeping me in line. I'm obsessed with you!

- M2

Karl Andersen – He always devotes his best effort and attention to any project he's working on and he's always willing to lend a helping hand to those in need, despite juggling so many obligations. He's a great colleague and wonderful guy.

- M2

Tanya Morgan – For bringing us so many fun new wellness events and programs this year.

- M2

Christian Hague – For explaining some pulmonary concepts to me. You're very patient and a great teacher!

- M2

John Curtis – I asked him to wear a shirt with a tech company logo on it to school one day for no particular reason and he did, without hesitation. What a great guy.

- M2

Janis Williams, staff – For being very kind and helpful. She is always so happy to help and I really appreciate it!

- M2

Tori Allen and Stephanie Amendola – They recommended a good show to watch on Netflix, so that's nice.

- M2

My CBL Group – for being team-players!! If someone forgets to do an illness script, other people in the group pick up the slack and help them out which is really nice.

- M2

Are you grateful? We would love to hear from you!
Your submissions will be featured in our monthly newsletter.
Please send to: grateful.gcsom@gmail.com

Are you interested in working on Grateful at Geisinger Commonwealth?
Please email Amelia Mackarey at amackarey@som.geisinger.edu